

THE

AMAZING CAREER PROJECT

www.AmazingCareerProject.com

WEEK 6

Assessing and Closing Your Power Gaps

THE

AMAZING CAREER PROJECT

www.AmazingCareerProject.com

This Week's Takeaway:

Each of us has “power gaps.” Find yours, and address them, and you’ll move forward exponentially.

What is Crisis?

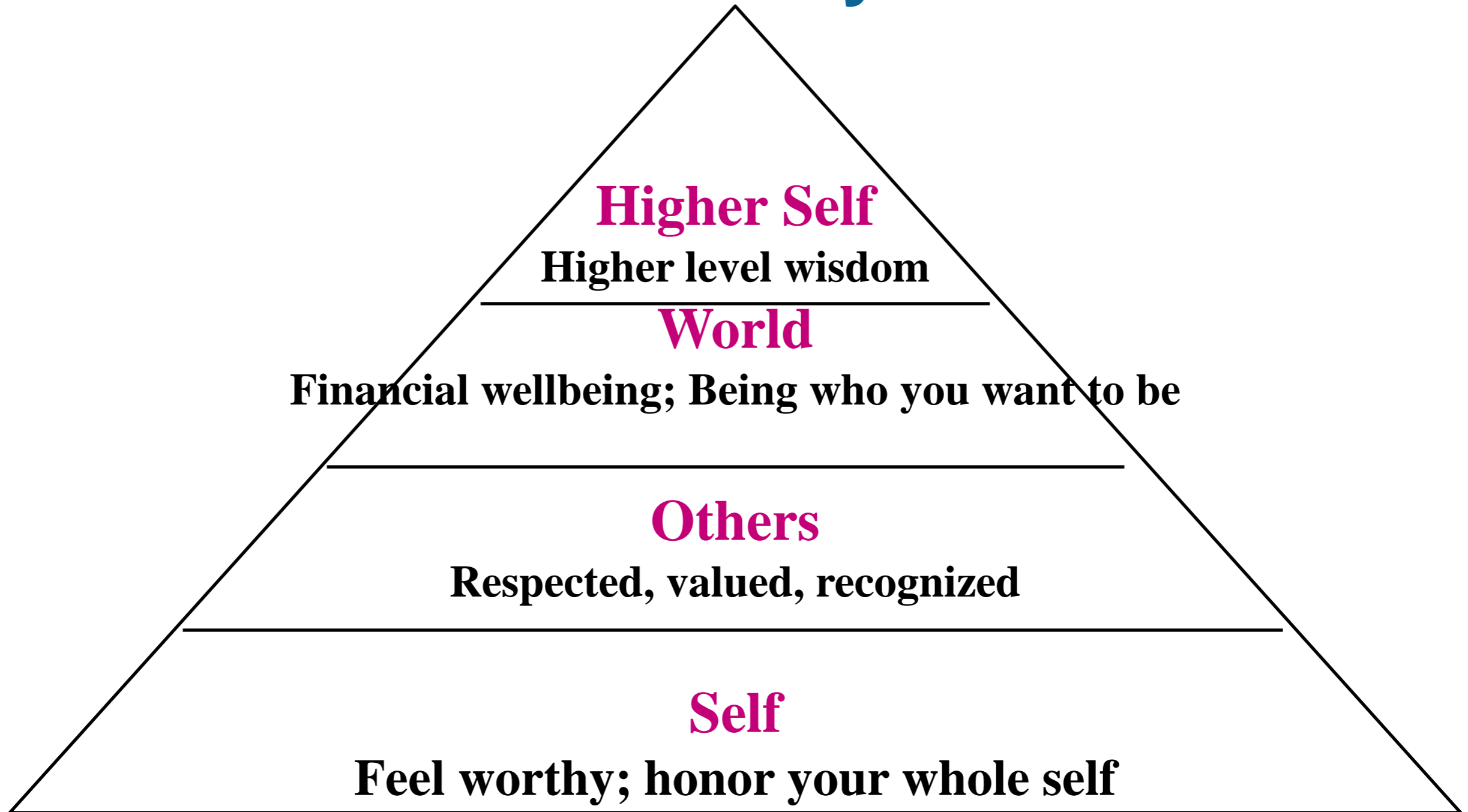
Life smacks you across the face and pushes you to your knees

“I will not tolerate this one minute more!”

Finally, you're out of denial and ready to face your experience honestly.

Are you in a tough spot or a true crisis?

Where are you on the empowerment hierarchy?



12 Common Crises Working Women Face

Relationship with Self

I can't solve my chronic health problems.

I can't overcome this loss.

I don't like who I've become.

Relationship with Others

I can't speak up with power and authority.

I can't break this cycle of mistreatment.

I can't get out of this crushing competition.

Relationship with the World

I can't get out of this financial trap.

I can't use my real talents at work.

I can't help others and the world the way I want to.

Relationship with Higher Self

I can't keep things from falling apart.

I can't balance life and work.

I can't do work I love.

Which empowerment level and specific challenge calls to you right now?

What one concrete, measurable behavioral step can you take to address it?

Key Takeaways

This week's learning:

1. Top “aha” for you
2. What you wish to embrace
3. What you commit to letting go of
4. Your compelling vision right now for progress
5. What empowerment level is calling to you to address right now?