

THE

# AMAZING CAREER PROJECT

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## WEEK 6

### Assessing and Closing Your Power Gaps

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## **This Week's Takeaway:**

**Each of us has “power gaps.” Find yours, and address them, and you’ll move forward exponentially.**

# What is Crisis?

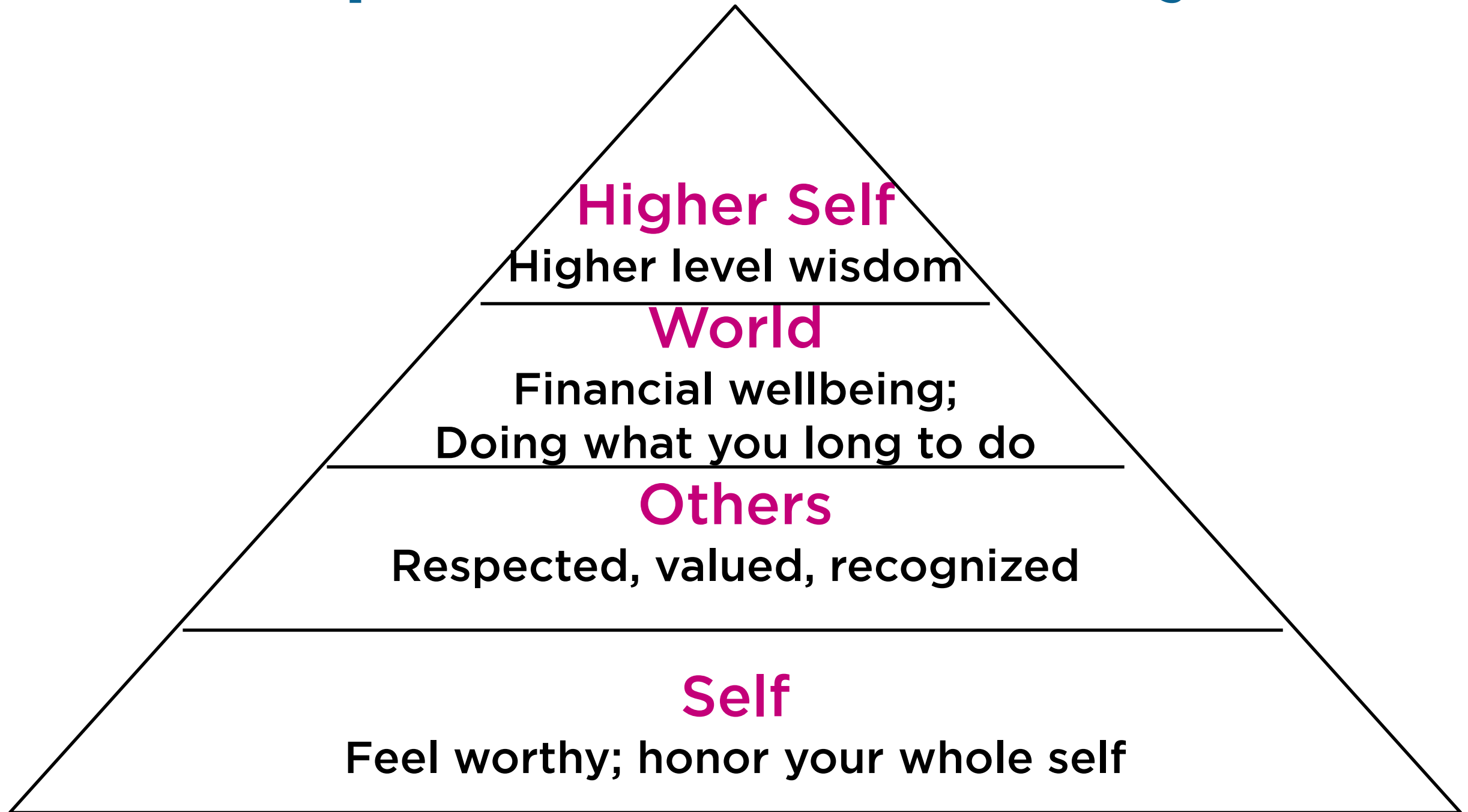
**Life smacks you across the face and pushes you to your knees**

**“I will not tolerate this one minute more!”**

**Finally, you're out of denial and ready to face your experience honestly.**

*Are you in a tough spot or a true crisis?*

# Where are you on the empowerment hierarchy?



# 12 Common Crises

## Relationship with Self

I can't solve my chronic health problems.  
I can't overcome this loss.  
I don't like who I've become.

## Relationship with Others

I can't speak up with power and authority.  
I can't break this cycle of mistreatment.  
I can't get out of this crushing competition.

## Relationship with the World

I can't get out of this financial trap.  
I can't use my real talents at work.  
I can't help others and the world the way I want to.

## Relationship with Higher Self

I can't keep things from falling apart.  
I can't balance life and work.  
I can't do work I love.

**Which empowerment level and specific challenge calls to you right now?**

***What one concrete, measurable behavioral step can you take to address it?***